

# DO'S AND DON'TS NOW THAT YOU'VE DECIDED ON DIVORCE





At C.E. Borman, we've helped clients from all walks of life make it through family law issues and on their way to a better, happier, healthier life.

**We're here to help you do the same.**

That's why we've created this list of do's and don'ts to help you get started now that you've decided on divorce.



## CHANGE YOUR PASSWORDS:

You should start by changing passwords for all social media platforms (Facebook, Twitter, Snapchat, Instagram) and all email accounts (personal and professional) – preferably to a password you’ve never used or something your spouse wouldn’t guess. It can be useful to use a password manager and generate random/gibberish passwords.

## PRESERVE ALL RECORDS AND DATA:

This means you should NOT delete emails, text messages, social media posts or comments, phone or device apps, documents, photographs, audio recordings, etc. The law is UNFORGIVING when relevant evidence is destroyed, and now that you are in litigation, anything could be relevant.

## ACTIVATE A LOCK ON YOUR CELL PHONE:

All the passwords you allow Google to save are also saved and easily accessible in the settings of your cellular device. Changing the passwords is a waste of time if the new passwords can be obtained off an unlocked cell.

# DON'T

## DON'T OVERSHARE ON SOCIAL MEDIA:

Don't post personal information on any social media platform. Specifically, DO NOT complain about the adverse party (your ex) in your litigation, your children, or "justice," and DO NOT comment about your activities or post photos of your social life. Any and all of this information can be used in court.

## DON'T NEGLECT FINANCIAL PLANNING:

Avoid overlooking the financial aspects of divorce. Failing to plan for post-divorce financial stability can lead to long-term challenges. Our team can help you find the resources you need to organize your finances and figure out how to protect them in your divorce.

## DON'T ESCALATE CONFLICT:

Refrain from escalating conflicts with your soon-to-be ex-spouse. Engaging in unnecessary arguments or disputes can prolong the divorce process and create a more hostile environment. Additionally – and this is vital – avoid involving your children in conflicts or using them as leverage. It's important to prioritize their well-being and shield them from the emotional challenges of the divorce process.

Remember, these are general guidelines, and specific advice will vary based on your individual circumstances.

Every family is different – which means that every family law case is different.

We've got decades of experience working with families throughout the Brazos Valley to help them get out of their current situation and build the next chapter of their lives.

CONTACT OUR OFFICE TO GET STARTED:  
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